### INSTRUCTIONS FOR USE

# Elastic belt PE 010

#### **Purpose**

The elastic belt PE 010 is designed for:

- heavy duty machine operators and truck drivers;
- persons who handle heavy objects.

The belt supports the lumbar region of the spine and stabilizes its muscles. The shoulder straps (harness) prevent its falling lower and ensure its proper position during work.

#### The maximum daily time for belt use

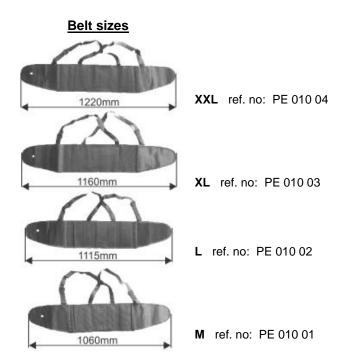
The elastic belt PE 010 may be used for maximum 3 hours a day.

#### Cleaning and storage

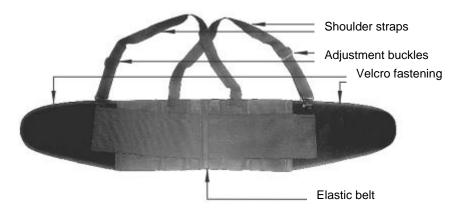
The belt PE 010 can be cleaned manually with the use of mild washing agents. It cannot be cleaned with substances which could damage the material of the webbing. When the belt is wetted due to cleaning or during use it should be dried in natural conditions, away from sources of heat. It should be stored loosely packed in well ventilated dry premises, protected against light, UV radiation, dust, sharp objects, extreme temperatures and caustic substances.

# <u>Visual inspection and withdrawal from usage</u>

Prior to use the belt should be visually inspected: the belt itself, the shoulder straps and the Velcro fastening. Any defective belt should be withdrawn from usage and replaced with a new one.



#### Belt design



## Putting the belt on

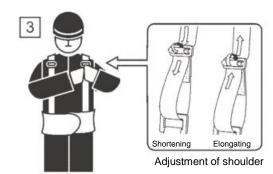


Place the straps on your shoulders.



Tighten the belt and fasten the Velcro, placing the right hand end of the belt over the left hand end.

(8)



Adjust the belt position with the use of the adjustment buckles on the shoulder straps.



